

# 7 BACK TO WORK SAFELY *REMINDERS*



#1

**Now that you're back -  
be hyper aware of your  
surroundings.**



Keep your eyes open!

Your work area may have been second nature to you before, but you've been away for a while. Go slow and take the time to reacquaint yourself with the job hazards all around you.

You look out for me - I look out for you. **We're in this together!**





#2



**Now that you're back – remember to review the task at hand before you start.**

Nothing is more important than your safety. Walk through each step as though you've never done this before. Make sure you review, understand and address all critical safety concerns.

You look out for me - I look out for you. **We're in this together!**

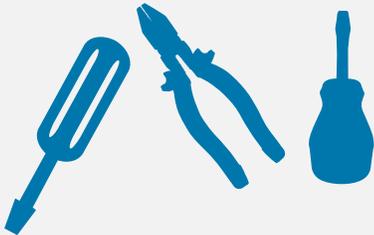


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#3

**Now that you're back –  
set up your workspace  
for ease of access.**



Take a moment

to organize your tools and  
equipment before you begin. This  
will help you orient to the task at  
hand, reduce fumbling and ensure  
you have what you need, when  
you need it.

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for you. **We're in this together!**





#4

## Now that you're back – feeling a little like a fish out of water?



It's OK to admit  
you need some time to  
regain your footings when you  
come back. Be aware, when things  
aren't "feeling right," they can go  
very wrong – very fast.

Stay safe!

You look out for me - I look out  
for you. **We're in this together!**





#5

**Now that you're back – it's a good idea to take regular breaks.**



When you're not used to the work routine, tiredness creeps in sooner than you'd think.

Fatigue can cause serious accidents and injuries. Take regular breaks to help keep your head in the game, and on safety.

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**#6**

## Now that you're back – remember to use your PPE correctly.



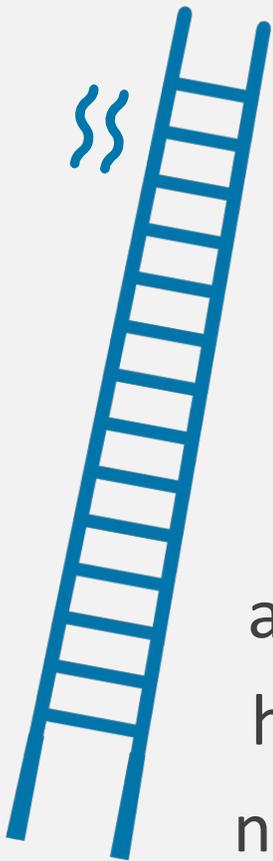
Using personal protection equipment correctly is critical to its effectiveness. Refamiliarize yourself with your PPE. It's been a while since you used them – a bit of retraining is likely in order.

You look out for me - I look out for you. **We're in this together!**





**Now that you're back –  
inform supervisors of  
unsafe conditions – as  
soon as you spot them.**



We're all a bit on  
shaky ground right now  
and need to watch out for  
each other. If you notice  
anything looks unsafe that could  
harm someone, **report it**. Now's  
not the time to let anything slide.

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for you. **We're in this together!**

