## TRANSPORTATION

Reducing Incidents in Transportation Industries

Our presentation will begin soon



## TRANSPORTATION

Reducing Incidents in Transportation Industries

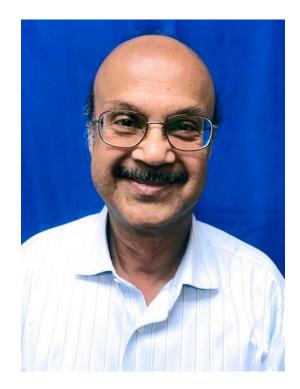
Welcome!!

## ICWGROUP Insurance Companies

## **Today's Presenter**

#### Satya Das

Sr. Risk Management Consultant





#### WORKERS IN TRANSPORTATION SERVICES



#### Types of Industries:



#### WEBINAR OBJECTIVES

- Review accident trends in the industry
- Understand exposures that increase the potential for injuries
- Discuss measures to reduce the potential for injuries



#### ICW GROUP CUSTOMER INCIDENTS

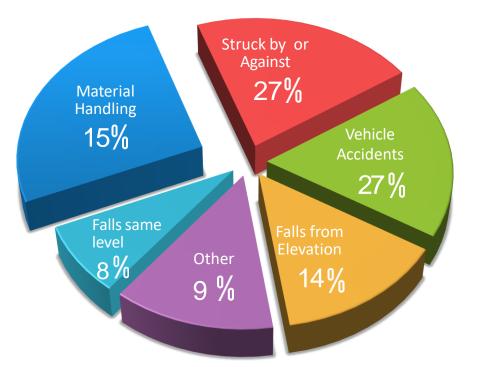


## \$87.8 Million 2,691 incidents reported

January 2016 – August 2021 (ICW customers in Transportation related industries)

#### LEADING ACCIDENT TYPES – By Frequency

ICWGROUP Insurance Companies



\*Source: Company Claims Data 1/1/2016 – 12/1/2021

#### **LEADING ACCIDENT TYPES – By Severity**

ICWGROUP Insurance Companies

Struck by or Against 21% Material Handling 26% Vehicle Accident 18 % Falls from Same Level Elevation Other 8% 14 % 13%

\*Source: ICW Claims Data 1/1/2016 – 9/5/2021

## ICW GROUP CUSTOMER INCIDENTS



## **94%** = Driver Error



#### TOPICS

#### Focus on the Driver:

- Hiring Qualifications
- Orientation & Training
- Performance
- Distracted Driving
- Lessons From the Losses Vehicle Maintenance Incident Investigations ICW Group Safety Resources



#### TOPICS Focus on the Driver:

- Hiring Qualifications
- Orientation & Training
- Performance
- Distracted Driving

Lessons From the Losses Vehicle Maintenance Incident Investigations ICW Group Safety Resources



Know who you're hiring!

- Driver's application
- Employment record
- 3-years driving record
- Check into offenses:
  - Reckless driving, DUIs
  - Chargeable crashes
  - Speeding and traffic violations



Establish minimum qualification standards to meet or exceed §391.11 Minimum Federal Motor Carrier Standards.

- 21 years of age
- Medically qualified
- Commercial drivers license
- Passed road test
- Violations for last 12 months

#### Physically Qualified?

- Medically certify drivers
  - Use your own licensed medical examiner
  - Issue all medical certificates
  - Keeps employees from "doc hopping"
- Conduct drug testing!
  - Pre-employment and random
  - Post accident and reasonable suspicion

#### Written and road tests

- Written test for insight to basic knowledge
- Inspect and operate vehicle
- At least 20-25 miles on road
- In terminal yard:
  - Vehicle inspection
  - Serpentine Course
  - Backing
  - Docking
  - Parking

#### TOPICS Focus on the Driver:

- Hiring Qualifications
- Orientation & Training
- Performance
- Distracted Driving

Lessons From the Losses Vehicle Maintenance Incident Investigations ICW Group Safety Resources



## **DRIVER - ORIENTATION & TRAINING**



#### **4 key reasons** for new truck driver safety programs:



3

number of injuries occurring on the first day **1** of **8** 



amount new hires are more likely to be injured

number of injuries each year resulting in lost work & claim



References – OSHA/BLS Data and Washington State Fleet Safety Data

## **DRIVER - ORIENTATION & TRAINING**



New-Hire Orientation should include:



## **DRIVER - ORIENTATION & TRAINING**

#### Job examples:

- Loading at bulk fuel terminals
- Washout concrete drums after delivery
- Loading non-ambulatory passengers in ambulance, bus, etc.
- Shadowing experienced employee

Supplement training with audiovisual materials to demonstrate safe procedures!





#### TOPICS Focus on the Driver:

- Hiring Qualifications
- Orientation & Training
- Performance
- Distracted Driving

Lessons From the Losses Vehicle Maintenance Incident Investigations ICW Group Safety Resources



#### **GPS tracking**

- Enhances safety & curbs aggressive driving
- Reduces fuel consumption
- Drivers represent business responsibly
- Identifies speeding, hard braking, excessive acceleration, aggressive cornering, unnecessary idling
- Detects coaching/mentoring opportunities

#### **Onboard cameras**

- Observe driver behavior in real time
- Know driver's location and what they're doing
- Cameras are objective witnesses
  - Exonerate false claims
  - Confirm risky performance

#### TOPICS Focus on the Driver:

- Hiring Qualifications
- Orientation & Training
- Performance
- Distracted Driving

Lessons From the Losses Vehicle Maintenance Incident Investigations ICW Group Safety Resources







# 4 Million

Crashes each year due to distracted driving

## DISTRACTED DRIVING



AAA identified & Top Deadly Distractors:

- 1. Cell phones
- 2. Objects, people, events outside vehicle
- 3. Adjusting radio, vehicle controls
- 4. Vehicle occupants
- 5. Something moving in car
- 6. Using object or device
- 7. Eating and drinking



## DISTRACTED DRIVING



- Keep your eyes & mind on the road
- Stop periodically to rest
- Take a short walk to help stay alert
- Finally, maintain the right distance!
  - **40 MPH?** At least a 4-second following distance between you and the vehicle in front of you.
  - Over 40? Leave 1 additional second
  - More if road conditions warrant





### TOPICS

#### Focus on the Driver:

- Hiring Qualifications
- Orientation & Training
- Performance
- Distracted Driving

#### Lessons From the Losses

Vehicle Maintenance

Incident Investigations ICW Group Safety Resources



### MATERIAL HANDLING: 26%



26%

#### **Examples of Material Handling Injuries**

- Cranking landing gear back strain
- Mechanic twists his body as he lifts a tire- back strain
- Package delivery driver strains back during daily route
- Driver throws chain over the load- strains shoulder
- Milk hauler sprains knee climbing up on top of the tanker (to take a sample)
- Mechanic strains shoulder attempting to loosen a bolt

#### MATERIAL HANDLING – 26%



#### TIPS TO SUCCESS

## **Provide Lifting Assists**

- Carts, gloves, back-belts, non-slip shoes
- Lift & carry between shoulders & knees
- Don't twist when lifting or carrying
- Two-person lifts for heavy, bulky items
- Summer? Provide fluids for hydration!



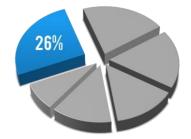
#### MATERIAL HANDLING – 26%



#### TIPS TO SUCCESS

## **Follow PM Schedules**

- Trucks, trailers, containers, binders, landing gear
- Consider not using "piece rate pay"
- Avoid twisting when stacking freight manually inside trailer or handling awkward loads (such as fueling hose)



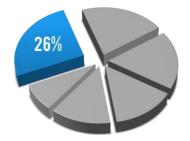
#### MATERIAL HANDLING – 26%



#### TIPS TO SUCCESS

#### **Other Safe Practices**

- Use forklifts, loaders, dozers to move materials in the yard
- Avoid twisting the back when using a wrench or other hand tools
- Coach employees to lift and carry boxes /cylinders/packages close to their body





#### TIPS TO SUCCESS

## **Examples of Accidents**

- Driver, stepping around his truck at a customer's site, slips on muddy ground and falls
- Driver trips and falls on water hose left on the ground at the vehicle wash-out station
- Driver slips and falls on wet driveway in the yard
- Driver trips on railroad tracks that run through the yard as he is walking to the shop





#### TIPS TO SUCCESS

## Safe Housekeeping Policies

- Develop rules for office, shop and yard
- Safety training: shop, yard, at customer sites
- PPE and equipment work and used properly
- Regularly inspect shop, plant and yard promptly correct hazards identified
- Investigate incidents to eliminate risks





#### TIPS TO SUCCESS

## What Can Employers Do?

- Mark dedicated pedestrian walkways in the yard
- Provide hangars for hoses at vehicle washout stations and train drivers to use them
- Use yellow paint/tape to identify elevation changes
- Provide handrails for ramps in the yard and office
- Provide adequate lighting in shop, yard
- Instruct employees to check for clear path BEFORE
  moving items





#### TIPS TO SUCCESS

## **Condition of Path**

- Check ground below before stepping out of truck cab
- Check ground condition around the delivery site
- Check for mud o snow before stepping on metal steps and fixed ladders on trucks
- Be extra careful when delivering to sites at night!



### FALLS FROM ELEVATION – 8% (9% \$\$)



# **Potential for Serious Injury**

- Entering/exiting cabs of trucks and mobile equipment
- Climbing on fixed ladders on tanker-trailers
- Manually securing loads or tarps
- Jumping off trailer (i.e., flatbed) to ground
- Using exterior stairs to reach control room or office
- Forklift loading trailer whose wheels are not chocked



### FALLS FROM ELEVATION – 8% (9% \$\$)



# Trucks, Tankers, Mobile Equipment

- Entering/exiting cab, catwalk or ladder:
  - Face vehicle and use 3-point contact
  - 1 hand + 2 feet or 2 hands + 1 foot
- Eliminate need to climb on tankers for product loading purposes
  - Provide portable or fixed platforms!



### FALLS FROM ELEVATION – 8% (9% \$\$)



### TIPS TO SUCCESS

## Trucks, Tankers, Mobile Equipment

- Moving trucks Metal loading ramps and tailgate lifts are extremely slick when wet
- No standing on lift when raising or lowering
- Secure flatbed trailer loads BEFORE on road
- Manual tarping Try to eliminate need for climbing on top of load



## STRUCK BY OR AGAINST – 21%



# **Examples of Accidents**

- Yard worker (on the ground) struck by loader
- Yard worker assisting forklift operator loading poultry cages on a flatbed trailer is struck by falling cage.
- Mechanic inflating a tire in the shop was struck in the leg by a metal part that came off the rim
- Driver struck by furniture that fell out when he opened the trailer door







### STRUCK BY OR AGAINST – 21%



### TIPS TO SUCCESS

# **Vehicle Components**

- Place all equipment on PM program trucks, trailers, containers, landing gear, etc.
- Use a tire cage when inflating tires on split rims
- Use a forklift for moving large tires
- Train drivers in use of portable fire extinguisher to fight only minor vehicle fires
  - Call emergency if fire involves tires or the engine compartment!



### STRUCK BY OR AGAINST – 21%



### TIPS TO SUCCESS

### **Other Equipment Hazards**

- Develop communication procedures for mobile equipment operators (loaders and forklifts) and employees on ground
- Use trained operators for loading and unloading mobile equipment on trailers



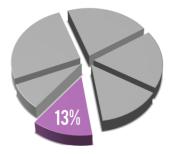
### OTHER HAZARDS – 13%



### TIPS TO SUCCESS

### **Other Hazards**

- Workplace Violence
- Exposure to Chemicals or Biological agents
- Cumulative Trauma
- Caught between objects



## OTHER HAZARDS – 13%



13%

### TIPS TO Success

### **Other Hazards**

- Train employees to recognize and avoid potential conflict situations (e.g., drivers should not collect cash from customers)
- Newer equipment more desirable- AC, auto transmission
- Maintenance shops should have regularly inspected vehicle service lifts
- Wear N-95 mask, safety glasses and gloves when there is an exposure to dust (e.g., grain)

### TOPICS

### Focus on the Driver:

- Hiring Qualifications
- Orientation & Training
- Performance
- Distracted Driving

Lessons From the Losses

Vehicle Maintenance

Incident Investigations ICW Group Safety Resources



# VEHICLE MAINTENANCE PROGRAM

Exposures if done in-house:

- Struck-by (drops off ramp, tire explodes)
- Strain/Sprain (tire change, corroded bolts)
- Caught between (trapped under vehicle)
- Burns (contact with hot fluids, cutting torch)
- Fall from height (climbing on trailer bed)
- Same level fall (fluids or parts left on floor)
- Cumulative trauma (repetitive use of wrenches, hand tools)

## VEHICLE MAINTENANCE PROGRAM

#### **In-House Pros:**

- Work completed on your timeline
- Lower labor rate compared to outside shop
- May be easier to schedule and track service
- Can keep most needed parts on hand
- Can reduce downtime

## VEHICLE MAINTENANCE PROGRAM

#### In-House Cons:

- Finding good mechanics
- Must pay employees even when idle
- Specialty parts not readily available
- Overhead shop costs, utilities, PPE, specialty tools, jacks, lifts, welders, compressors
- May still have to outsource some work
- Additional hazards when mechanics service vehicles at job sites, on road

### TOPICS

### Focus on the Driver:

- Hiring Qualifications
- Orientation & Training
- Performance
- Distracted Driving

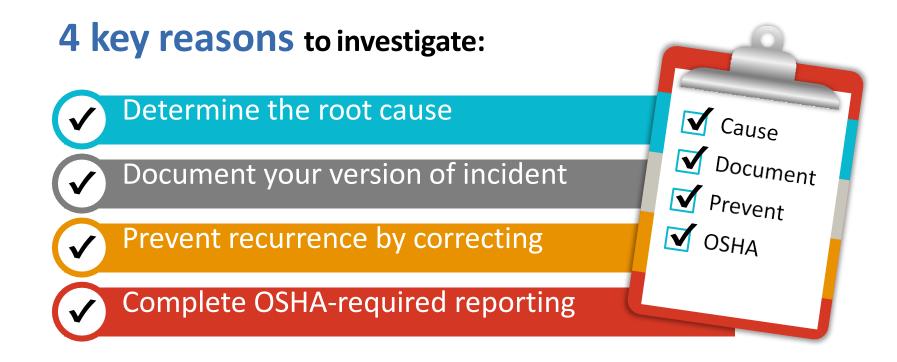
Lessons From the Losses Vehicle Maintenance Incident Investigations

ICW Group Safety Resources



# INCIDENT INVESTIGATIONS





# INCIDENT INVESTIGATIONS

#### After Investigation You Should...

- Identify who was involved and witnesses
- Determine items or equipment involved
- Record detailed description
- Determine causal factors
- Conduct corrective actions





# INCIDENT INVESTIGATIONS

### Who Investigates an Incident?

Up to your company's policy, but usually:

- Minor: Supervisor, safety committee
- Major: Supervisor, safety committee, safety manager, production manager
- May also include upper management





### TOPICS

### Focus on the Driver:

- Hiring Qualifications
- Orientation & Training
- Performance
- Distracted Driving

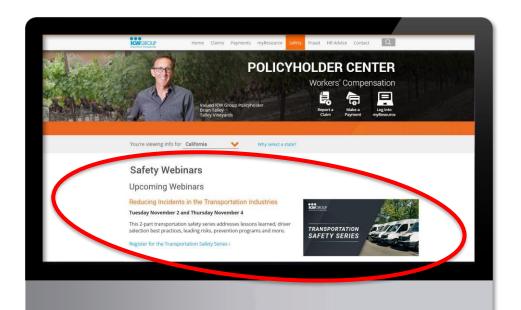
Lessons From the Losses Vehicle Maintenance Incident Investigations ICW Group Safety Resources



# **ICW GROUP POLICYHOLDER WEBSITE**

#### Find all resources!

- Go to Safety Webinars page
- Click on the topic to find the presentation & resources
- BONUS MATERIALS!
  - List of Safety OnDemand<sup>®</sup> materials





# **ICW GROUP SAFETY RESOURCES**

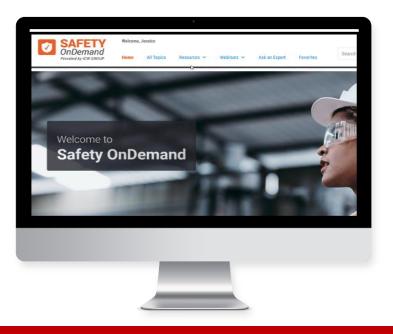
### Find all resources!

- Webinars on-demand
- Posters
- Job Hazard Analysis
- Accident Investigation Form
- Root Cause Investigation Form



## **SAFETY ONDEMAND® - Free With Your Policy**

- Log in to **MyResource** 
  - If not registered, it's easy!
- Click on Safety OnDemand
- 5000+ resources available
- Materials in Spanish & English
- Start using it today!



### **ICW GROUP SAFETY RESOURCES**

Three Point of Contact Stickers





# QUESTIONS?

CONTACT US! riskmanagement@icwgroup.com

### ICWGROUP Insurance Companies

# Thank you!

#### riskmanagement@icwgroup.com

ICWGROUP Insurance Companies