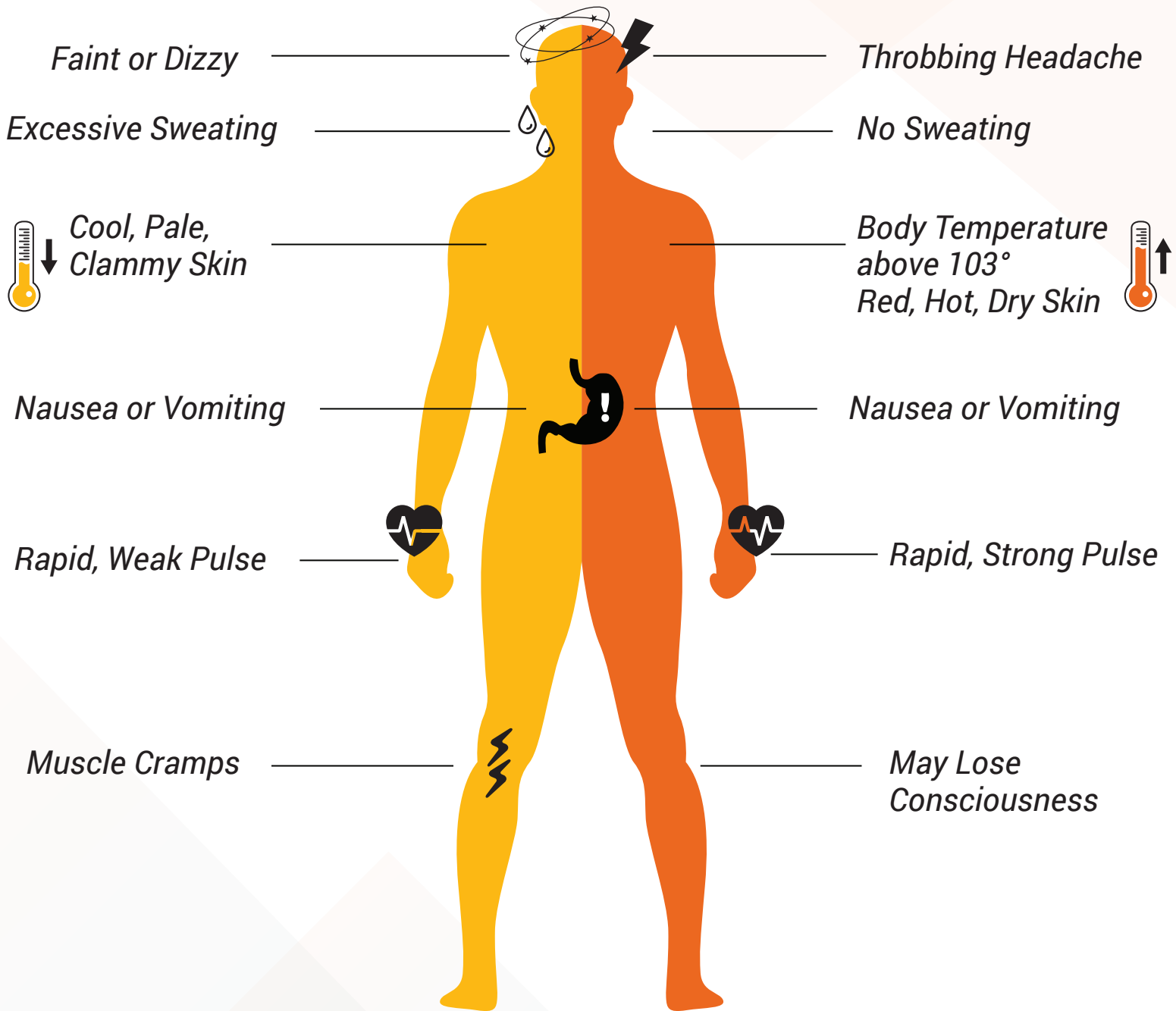


KNOW THE DIFFERENCE!

HEAT EXHAUSTION

OR

HEAT STROKE



- Get to a cooler, air conditioned place
- Sip water if fully conscious
- Take a cool shower or use cold compresses
- Lie down, loosen clothing

CALL 9-1-1

Take immediate action to cool the person until help arrives